

LEARNING MODALITIES: RECOMMENDATIONS

VISUAL

- Take notes
- Draw
- Doodle
- Watch a video as a review
- Allow thinking time

AUDITORY

- Start a group discussion
- Summary of what they learned
- Allow them to listen to appropriate music
- Oral tests
- Work in a team

KINESTHETIC

- Allow them to move
- To stretch
- To sit on an exercise ball
- Do chores
- Run an errand