

A letter to God the Father

By Ana Barraza



As you read this **heartfelt letter** that comes from meditating my own experiences and observations, I encourage you to make it your own by praying it. You could even add your own name at the very end if you choose. God our Father who is merciful will hear our prayers!

Dear God,

May my **smiles** make visible Your heavenly presence for our people with disabilities.

May I **honor** Your name by serving those in greatest need.

Let us together as one Body make Your kingdom **present** for all persons with disabilities.

May Your will be done in my brothers and sisters **because of me**.

May I be their hands and feet when needed as to accomplish Your will **for them** right now.

Let us together as one **Church** pray for one another joining Your holy ones in Heaven.

May our people with disabilities **receive** Your daily bread from my working hands and giving heart.

May my **stares** and indifference towards the little ones be forgiven.

Let us forgive those who might treat us badly because we have chosen to **stand up** for those who cannot.

May I not fall into the temptation of assuming that I cannot do anything for **my brothers and sisters with disabilities**.

May we all be delivered into Your **merciful** and loving hands.

Let us all as one be able to exclaim, "**Amen!**"

Our Father,

Who art in heaven.

Hallowed be Thy name.

Thy kingdom come.

Thy will be done.

On earth.

As it is in Heaven.

Give us this day our daily bread.

And forgive us our trespasses.

As we forgive those who trespass against us.

And lead us not into temptation.

But deliver us from evil.

Amen.

Trusting, Your Beloved